



BUDO 3

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Except SMO guys, almost every Japanese body size is small.

Many person have not power.

Therefore they were must to be study to hi-technique about martial art.

When at that battle time, if small guy want to win he must to be do that speedy moving.

Every move so fast.

And he must to do escape from strong power.

Every hit to punch or kick is need distance.

So, if you want to do clean hit punch, when at that moment you need distance.

Far away, your punch no hit.

When at that close, your punch no strong.

I can feel beautiful about Boxing, it is very good distance control each other.

So many punch hit to each other.

But every punch was not clean hit.

If he can do clean hit when at this time he get win.

I think they have very hi-technique about punch.

Of course kick was same things.

I think KARATE is so much hi-technique about kick.

Norichika Tsukamoto, he was Japanese world KARATE tournament champion.

Norichika has made especially good control about for kick distance.

Therefore he got very many knocked down win kick.

Grappling,same so. Far away, you could not catch.

You can hold but when that hugging situation that you could not good throwing.

I think mostly good grappling fighter who was Royce Gracie.

Once he was when at the UFC 1 and 2nd, he did it good work about that control grappling to JUDO Olympics champion fighter.

He got holding body but Olympics gold medallist could not throw of Royce Gracie.

After all, we must to do need distance that every offence and defense.

So, Japanese BUDO had mostly important point this is distance.

This Japanese say `MA-AI`.

This mean distance between from opponent.

We must to moving fast but it move don't be waste.

So, we can got it good enough of little bit moving.

This is BUDO words, `KAMI-HITOE`.

This mean, `KAMI` is paper, `HITOE` is just one thickness.

Coming sword to your head, when at this one moment you moving for safe just one paper thickness.

Why we do that?

So, we do little bit moving, therefore we can be keep on long battle time.

Add, we did little bit move, therefore we can do easy to counterattack.

And next, we will having always must to be softly body.

Hard body, can not smoothly moving.

Japanese BUDO say that `MIZU-NO-NAGARE-NO-YEUNI`.

This mean, we must to moving just like water moves.

And next, concentration.

If you will have, when at the time is battle.

How about feel?

Fear?

Too much hi tension?

Very much exciting?

You had feel, this every sense wong. Fear, you can not moving.
Too much tension, Exciting, you will can moving time almost only 15 minutes.
You very tired, can not move, will be came to dead after 15 minutes.

So, BUDO need un-shiking spirites.
BUDO must to have not feel fear even dead.
And not excite, keep on cool.

`SHI-NO-NAKA-IKIRU`
`SHI-CHUU-NIY-KATSU`

This BUDO words both of same meaning.

`SHI` mean dead.
`IKIRU` `KATSU` mean alive.

BUDO feeling, if came to suddenly panic situation when at the time we must to be do not panic feeling that even dead.

For this keep on hart, this is only one, we can find to alive way.

After all,those things.

1,fast moving.but it little bit moves.need not power.

2,Physical,softly body control.

3.Feel not panic. Always un-shaking spirit to even dead.

Nothing selfish things.

Never forget thankful for every things that even for enemy.

I think, this sense come from strongest concentration.

So, I think, this is characteristics Japanese BUDO.